## Relationships



## as a house

We often Draw Circles to describe relationships. This can be confusing because what do the circles really mean, and some people may cross through circles

I was talking to someone who thought about relationships as to where she allowed them in her house. I think this is a great way to look at it.

So looking at the house where do our relationships stand. Do we allow people into parts of our lives that maybe they have lost the trust to enter into those spaces. Do we need to change the boundaries in some of these relationships to help the relationships serve both us and the other person.

Do we have trouble letting people in? Have we set up strict boundaries that are not serving us and preventing us from making healthy relationships?

Do we lack boundaries? Do we find others often disregard our feelings, time, belongings, or body? Do


## Relationships as a house

 Who in our lives do we or should we keep- Outside the gate on the sidewalk

- On the front porch



## Relationships as a house

Who in our lives do we or should we let - Visit in the kitchen or living room


- See upstairs

- See upstairs... when
its messy



# Relationships as a house 

We often Draw Circles to describe relationships, lets try a house.
Who in our lives do we or should we keep

## - Outside the gate on the sidewalk

- At the front door
- On the front porch


Who in our lives do we or should we let

- Visit in the kitchen or
living room
- See upstairs
- See upstairs... when its messy


